

Intent, Implementation & Impact for Physical Education (PE)

Intent

Cadmore End Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim and ride a bike. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed our school values. Our curriculum aims to improve the wellbeing and fitness of all children at Cadmore End, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Implementation

- PE at Cadmore End Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- In order to ensure high quality and consistent lessons, each class follows the Rising Stars 'Champions' scheme of work.
- The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in a high quality PE lesson and a Forest School lesson each week, covering a sporting discipline every half term.
- Children swim once a week for 10 weeks during the Autumn Term. We repeat the 10 week course later in school for any children that are still unable to swim.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.